

NSP Central Division Certified Program
Low Angle Rescue Performance Criteria

Objective	Components	Criteria of Acceptable Performance
Knot Tying	Figure-8	Knot tied correctly, Backed-up
	Prussik	Knot tied correctly, Used appropriately
	Water Knot	Knot tied correctly
	Webbing-based harness (hasty, Swiss)	Applied correctly, attached to gear correctly (belay device, anchor, load line)
Anchoring	Anchor selection	Appropriate anchor(s) selected for intended
	Anchor use	Appropriate set-up of sufficient anchoring system (single or equalized multiple anchors)
Lowering system	System Set-up	Load line appropriately tied to load
		Emergency brake (prussik) appropriately attached to load line
		Appropriate belay location defined (and change of direction pulley used as necessary)
		Load line appropriately fed through belay device
		All carabiners locked, not cross-loaded
	System operation	Proper belay techniques used for descent
		System is operated properly and in a safe manner, demonstrating rate of decent control and ability to stop decent
3:1 Mechanical Advantage Raising System	System Set-up	Load line appropriately tied to litter
		Correct 3:1 ME system established, with movable pulley attached to load via prussik as appropriate
		Emergency brake (prussik) appropriately attached to load line
		Anchors chosen to enable litter to be safely pulled to defined location
		Appropriate pulling location defined (and change of direction pulley used as necessary)
		All carabiners locked, not cross-loaded
	System operation	System is operated properly and in a safe manner

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Low Angle Rescue – Evaluation Sheet

Evaluator _____

Candidate Name:	
Knot Tying Figure-8 Prussik Water Knot Webbing-based harness (hasty, Swiss)	+ = -
Anchoring Anchor selection Anchor use	+ = -
Lowering system System Set-up System operation	+ = -
3:1 Mechanical Advantage Raising System System Set-up System operation	+ = -
Overall	+ = -

NOTE: In accordance with NSP policy in the interest of risk management, the Low Angle Rescue component will not include the actual lowering of people.

Evaluators must make a clear decision as to whether or not a candidate has met the objective. Passing scores are a (+) and (=). Non-passing score is (-). These scores have no numeric value and cannot be averaged.

The certified candidate must receive an overall passing score (+) or (=) from a simple majority of evaluators in order to complete the component. Partial completion may not be carried from year to year.

EVENT LOCATION: _____ **DATE:** _____

EVALUATOR SIGNATURE: _____