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# Rusty Parka News

NATIONAL SKI PATROL

Volume 21, Issue 1

Season 1981-82

## Bushey wins national board rep position

The second re-run election for national board representative again resulted in a tie vote. Both candidates, Don Bushey and Meigs Larimer, received 75 votes each. Upon agreement by each candidate and in compliance with Section 20 of the National By-Laws, the election was determined by drawing of lots. As stipulated in Section 20, the drawing of lots took place in the home of the election chairman (on June 20, 1981) in the presence of Don Bushey and William Ziegler, representing Meigs Larimer. Mr. Ziegler is a member of the Central Division Board of Trustees. Larimer's representative won the toss of the coin deciding who will make the first draw of the two sealed envelopes in a box. He then drew the envelope containing the slip marked "NOT ELECTED". Don Bushey subsequently drew the remaining envelope which contained the "ELECTED" slip making him the national board representative for the Central Division. He thus joins Audrey Adams and Stan Cheff, also representatives of the Central Division.

—Hans R. Weinmann  
Chairman,  
Election Committee



*Drop everything  
and come to the Central  
Division fall meeting!!!*



Stan Cheff,  
assistant division director;  
national board representative.

## The Guide Line

**Editor's note:** In lieu of the usual message from our Division Director Bob Morley in this space, we felt the following comments by Stan Cheff concerning the activities of the national board at the annual meeting would be of interest:

Helena, Montana — The annual meeting of the Board of Directors of the National Ski Patrol System was held June 25-28, 1981, at Helena, Montana.

Before starting the report I think a few personal comments should be made. One: Thank you for electing me as one of your representatives for a second term, two: I was glad to see a much better voter participation in this election. As I previously stated in my election letter, it is your system and your active participation that makes it work, so keep up the good work, three: All your representatives — Audrey Adams, Don Bushey (newly elected), and myself — were at the meeting, and of course our Divisional Director, Bob Morley, was there too. Also there were our divisional testing and first aid advisors, attending their respective national committee meetings. Four: In my three years on the national board I have seen positive change take place. Yes, its quality and organizational ability has improved.

Now for the meeting itself.

**Computer:** As you recall a year ago we authorized the purchase of an in-house computer. It has been done. A Texas Instrument unit is "on board" in Denver. Software programs are due in July 1, 1981 the unit will be operational by the first of August. Understand please — it is critical that we all, you and I, check and double check our registration information on each of us this coming season. That returned, corrected, and updated information will form the all important data base. Be patient and check your own

registration. This is a major step in the modernization of our system, and takes the cooperation of all of us.

**Signs:** Those neat metal signs that Ohio brought to division, the ones many patrols bought, will now be available through the national office. Great job Ohio and Central Division.

**Treasurer:** Ron Ricketts from Alaska was again elected treasurer. I have asked Don to provide an Income & Expenditure "Pie Chart" for the National Patrols.

**Charter:** The long tough battle to get our Federal Charter was successfully completed, and recognition to all patrollers who helped is hereby duly noted and praised. Another long term gain for the system!

**Maturity:** Along with the Charter, it was (is) the general feeling that the system is being better received by ski industry people. This is a direct result of the national board's deliberate cultivation of ski area management organizations and the ski industries as well as the Charter and involvement in FSIA shows and other activities.

**Denver Office:** Changes — putting some \$15,000 worth of badly needed repairs into the headquarters building roof, insulation, insulated glass, etc. Adell — after several years is now going back to school and will not be in the office. Her services, duly noted, will be missed. Office Manager — on a six months interim basis, Larry Morris, former divisional director of Rocky Mountain Division, will be the office manager. Equipment — push is on for better catalog items and equipment.

**Executive Administrator:** Study of need was made and approved. Currently, I am chairman of a six member Search Committee to hire a full

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NATIONAL  
SKI PATROL

## Important Dates

September 18-20  
Central Division fall meeting,  
Grand Rapids, Michigan.  
October 12 Rusty Parka News  
deadline.  
February 15, 1982 RPN elec-  
tion issue deadline.  
February 28-March 5 Nation-  
al Jr. Training seminar and  
Mid-winter National Board  
meeting. Host: Boyne Moun-  
tain, Central Division.

### In this issue . . .

Central Division budget  
Fall meeting information  
Certified program report  
Charitable Life Insurance  
Patroller Assistance Fund  
Election results  
Board of Trustees report  
Junior seminar announcement  
National Board meeting recap  
Shaping up for skiing

## Correction

In the spring issue of RPN (Volume 20, issue 4) it was incorrectly stated that the reason for only one candidate being elected during the first round of the election for two national board representatives was that a tie vote existed between the candidates. It should be correctly stated that no candidate except Stan Cheff received sufficient votes to meet the majority requirements, i.e. over 50 percent of the votes cast. We apologize for any confusion that may have resulted.

—Hans Weinmann,  
election committee  
—Connie Dinham, editor

**Deadline for November issue of Rusty Parka News is Oct. 10**

# Getting into shape

The following article is reprinted from Southern Regions publication "The Southern Cross" written by Jerrie Fowler; Vol. 1980, Issue 3.

Physical preparation is often overlooked because most skiers think of their sport as one that requires relatively short bursts of energy. As a day progresses, however, the quality of the burst will depend on the skier's cardiovascular endurance. The lower the capacity to take up oxygen, the more fatigued the skier will be as the day wears on. Aerobic fitness increases one's tolerance of cold temperature and unaccustomed altitude. Only the competitive alpine skier should consider making the development of muscular strength his first priority.

Two training programs are good for aerobic conditioning — cycling and running. Cycling develops large muscle groups such as thighs, hips and lower back. The purchase of a good bike may pose a financial problem, and finding a location without heavy traffic and smog may discourage even the most enthusiastic. The biker is also subject to the weather and to longer workout times. To acquire the same aerobic effect as jogging, the biker must cycle three times as far at an equal heart rate.

Running requires little equipment, short workouts, and you can run just about anywhere. The primary disadvantage is that running can cause stress injuries. The possibility of injury can be lessened if the runner wears shoes that fit properly, uses correct running technique and maintains good flexibility in the achilles, legs and lower back.

Two methods are commonly

used to increase muscle flexibility—ballistic stretching and static stretching. Ballistic stretching carries with it the danger of muscle tear or muscle tightening, especially if the muscle is cold. Static conditioning is most effective because it stretches the muscle under controlled conditions.

A critical aspect of aerobic training, whatever the method, is to set the intensity or pace of the exercise. The heart rate should reach 80 percent of your age related maximum heart rate (see table) and stay at that level for a minimum of 15 minutes.

Age	Max.	75%-85%
20	200	150-170
25	195	146-161
30	190	142-161
35	186	139-158
40	182	136-155
45	179	134-152
50	175	131-149
55	171	128-145
60	168	126-143
65	164	123-139
70	160	120-136

The most important thing to remember in aerobic training: Have a sound physiological approach, i.e. a proper warm-up period to stretch the muscles and a proper cool-down period after the intense workout.

**Editor's note:** Once we have gained the level of fitness we wished to achieve, the next question is, how many days of exercise can we miss before we begin to lose the fitness we've gained? The following answer to that question was printed in Executive Fitness Newsletter, March 7, 1981, Vol. 12, No. 5.

"Once you've achieved a moderate level of fitness, you can afford to miss about three," says exercise physiologist Jack

Mahurin, Ph.D., of Springfield College. "After that, muscular strength and cardiopulmonary gains begin to revert. And studies show that we begin to lose from our richest areas first."

If you're a runner, for example, and you've developed great lung power, a loss in wind is what you'll notice before a loss in muscular strength. Or if you've finely tuned a particular set of muscles through weight training, a decrease in performance from them is what will be most noticeable.

"With that 72-hour figure in mind, then, what's an ideal workout schedule for most people?" we asked Dr. Mahurin.

"It's been shown that a well-exhausted muscle needs a minimum of 48 hours to thoroughly rebuild itself," Dr. Mahurin said. "Which is why workouts every other day — if they're strenuous — is what we recommend."

"But then how can world-class marathoners get away with working out twice a day, every day?" we asked.

"Because they're still obeying a hard/easy-day principle," Dr. Mahurin explained. "They may be working out every day, but they're not pushing themselves every day. They've gotten themselves to a level of fitness where what may seem like a hard workout for most people is actually an easy one for them."

Exertion, in other words, depends on who's doing the exerting.

And how long a layoff could you take before you would lose everything you had worked for?

Depending on the level of fitness from which your descent began, studies indicate somewhere between five weeks and two months.

## "Ode to the Paper Patroller"

### Or an argument for limited enrollment within a patrol

We once had a patrol of a dedicated one, 'Twas small I know, but we got things done.

Next year we trained, and tested, and added a few; And that gave me twice the paperwork to do.

The next season we trained and tested some more, And now had twenty patrollers walking through the door.

And as expected without a doubt, That year I had even more papers to fill out.

The seasons passed, the patrol RMR's did grow, As if trying to match the bountiful snow.

Now the patrol numbers a hundred and one, But somehow things just aren't getting done.

For it seems that the higher the numbers went, Good old Denver increased the paperwork they sent.

I still didn't mind the work, for you see

My patrollers always seemed so good to me.

Until one season my enthusiasm ended,

For the year of the Paper Patroller had descended.

Everyone had a good reason, or so I hear

For why they couldn't ski their ten times that year.

And having the nature of a forgiving dope,

I forgave the Rusties for deserting the slope.

More and more I shelved the papers and skied the last run;

For evenings SWEEP still had to be done.

And when training and testing times drew near

I called upon my long list of patrollers, only to hear

"I am too busy, or I can't come up then,

I'd of sent you a note, if I'd only had a pen."

I heard more excuses, than Carter had pills,

For why the Rusties couldn't get to the hills.

Dear Paper Patroller, Oh where can you be,

My RMR's from Denver say that you belong to me.

The work keeps piling up, accidents are at the door,

And my Pre-RMRs, undone, are stacked from ceiling to floor.

If you don't get your fanny, pack, and skis

Out on these hills for your ten times please;

You can bet your boots, that come next season,

I will burn your RMR for that very reason.

Lovingly signed, your present PD

I know you, even though you I no see.

Good little patrollers, heed well this wise advice;

Before you don't show, think twice.

—Oberon Leslie  
Indianhead Mtn. Ski Patrol

## The Guide Line From page 1

time person to actively lead and administer our system. The search is to be completed by October 1; with this person on board by December, 1981. Another big step!

**Advertising:** As if an executive administrator and a computer weren't enough, we (the national board) authorized the hiring of the services for one year of a New York advertising agency to produce a full blown ad campaign for the NSPS. Aim — to improve public image. This item too, I feel, is essential to our survival.

**Insurance:** "Got some good news and some bad news..." Costs for our insurance are again down, but claims are up. Top notch people are handling this very complicated part of our system. Did you realize that insurance is the system's second largest expenditure — next to salaries.

**F.A.S.T. Committee:** First Aid Standard & Testing — A one year study, several division surveys, and one national survey (4 percent participation) all indicated general acceptance of White Book, CPR, ARC, refreshers, etc. — Little change is indicated.

**DATES:** 1982 — Junior Seminar. February 28 - March 5. Boyne Mountain, Central Division as host. 1982 — Mid-winter National Board Meeting. Boyne Mountain, in conjunction with junior seminar, Central Division as host. 1982 — National Board Meeting. June 24 - 27 in Chicago, Central Division as host. Needless to say, we need the help of all of you — 1983 — Junior Seminar. February 27 - March 5, Winter Park, Rocky Mountain Division as host.

**Financial:** Deficit spending last year and projected this year. Basically, I disagree with this principle, but I also realize we have got to take significant strides to build the system strong. That takes "bucks". The computer, advertising, executive administrator — all expensive, but long term are worthwhile costs. I think balancing the budget will be the next big board thrust.

We had some 43 proposals to review and act on. Many of these were house-keeping items, I will not bore you with all 43, but will again attempt to highlight those few items that will directly affect you and me on the hill.

**Fund raising:** The proposal to allow national to levy a percentage on funds raised by patrols, regions, etc. was soundly rejected. A good example of you telling your representatives exactly how you felt!

**Patches, pins & insignias:** While nothing specific was passed, there is a trend toward reducing the various badges, pins, etc. worn on the parka. I think we will see more of this.

**National appointment:** Circle A and Circle M remain requirements.

I hope this information is helpful in your understanding and appreciation of what goes on at the national board meetings. If you have any questions or suggestions please contact one of the board representatives. I am looking forward to hearing from you and seeing you this coming season.

You don't get into sports to get into shape.  
You get into shape to get into sports.

## Ohio Region Spring meeting, banquet



George Martuneac, ass't div. director, presents Sage Award to Lou Zurbuchen, SugarCreek patrol, for oldest active patroller in division.

The best attended Ohio Region Spring Meeting & Awards Banquet was held for the first time in Dayton, at Stouffer's Dayton Plaza Hotel on Saturday, April 11, 1981. Sugar Creek Ski Patrol was the host under the direction of Joan King, chairman. The patrol raised over \$1,000.00 to promote and sponsor the affair. The Ohio Region gives thanks to the following sponsors for their generous donations and continued support of the National Ski Patrol System: Bitoa Ski Club, Bonne Bell, Cleveland Metropolitan Ski Council, Inc., The Dayton Ski Club, Inc., Euclid Ski Club, I Ski Skiglasses, Kittyhawk Ski Club, Levi Strauss & Co., Ohio Valley Ski Council, Sports Optics (Smith Goggles), Springfield Ski Club, SugarCreek

Ski Hills, Inc., Tuscarawas Valley Ski Club.

The weekend activities began at 7 p.m. Friday night in the hospitality suite for early arrival and continued until 3 a.m. with patrollers from all over the state renewing friendships and comparing plans for the upcoming year.

At the Saturday morning registrations each patroller was given a blue portfolio with the Ohio Region insignia in gold, containing a pad of paper and pen for note taking during the meeting. 46 patrollers and officers attended the day-long meeting. Spouses of the patrollers attending the meeting were treated to a tour of the new Dayton Arcade, luncheon at L'Auberge, the newest four star restaurant in Dayton, and an afternoon of shopping.

170 banquet attendees included many division and region officers and their wives. Present at the banquet were Bob Morley, division director; John Birchfield, region director; George and Vivian Chrisopulos, ADD staff; George Martuneac, ADD registrations; Joan Kinkoff, division junior advisor; Jean and Elmer Lipke, former region director; Judy and Dick Ike, ARD administrative; and Sara and Cliff Eck, ARD testing and

training.

Master of Ceremonies, John Cole, section chief 0-1, presented to Joan King a special gift as thanks from the section for arranging the spring meeting and banquet. Entertainment was provided by the Trotwood Madison High School Show Choir called "Broadway Exit." After a brief intermission, George Wright, patrol director of SugarCreek Ski Patrol presented the "Region Review." This half hour slide presentation was an assemblage of pictures of each Ohio patrol, the region officers, and a documentary of the year's events beginning with the Mountaineering Instructors seminar in July through the National Junior seminar in April.

John Birchfield, region director, hosted the awards presentations. Many deserving Ohio patrollers were recognized for their efforts. A complete list of awards will appear in the fall RPN. The following awards were the highlights of the evening.

Lou Zurbuchen, SugarCreek Ski Patrol, was presented the SAGE AWARD by George Martuneac, for being the oldest active patroller in the Central Division. Lou is 72 and has been a

Ohio Region meeting, banquet  
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# Snow snakes, snow fleas and snow monsters

**Editor's note:** Log of the 1980-81 South Central Mountaineering Patch Course as recorded by Mary Ellen Schmidley:

Whoopie!!! The end of a hectic week was drawing near and we, Bonnie Jo Grieve, Paul Woldt and me, were finally breaking away on the trek into the great north woods. The scene reminded me of the beginning of the movie "By Nature's Rules" which had been viewed and memorized at least 10 times in the last 7 months due to teaching Circle M, winter survival, etc., to patrollers and other related interest groups. At last, we could practice what we had been teaching. The three of us, out of a group of 15, had savored our last Big Mac and with coupon in hand we were ready to delve into the nutritious world of gorp and instant meals.

It began with a Thursday evening March 12, rendezvous near Eagle River at the summer home of Douwe and Sue Soetenga. While discussing the various components of our back packs we had failed to notice that this was not Milwaukee with its all night gas stations and as a result almost started our winter camping a little early, when we ran sparingly low on gas, approximately 10 miles short of Houwe's place. Bonnie Jo, an experienced winter camper, suggested that we just pull over and sleep beside the car and fill up when the stations opened in the morning. Wellllll, since two of us really didn't want to get cold any sooner than planned, we inquired from the locals at an open Country Kitchen as to the whereabouts of any petrol. Finally, one of the "1:00 a.m. ham &egger" crew volunteered to go home and get some gas that he had for such emergencies. A \$5 barter was set up for two gallons of which one half must have been spilled on the ground (and you thought gas was expensive). Upon arriving at Douwe's we were protectingly greeted by a sheltie, a comfortable sack (2:10 a.m.)

Good morning, Friday the 13th! That to some may have sounded ominous, but the aroma from the kitchen dispelled all superstitions. With a warm breakfast under our belts the plan of attack for the weekend was reviewed with goals and procedures outlined.

The expedition was off! We left a dozen deer behind at Douwe's Hideaway. We had two hours to go before we hit the shores of Gitchi Gumee (otherwise known as Lake Superior) on which the Porkies are located. The day was sunny, clear and a warm 32 degrees with the wind coming out of the NW.

At last the point of departure into the wild wilderness occurred after packs were hoisted onto fresh backs, final ski binding adjustments were made, and a smiling "cheesecake" group picture was snapped at the Porkies Lodge.

To begin with, we started going up a T-bar as a single or double. I tried both. As a child I always ended up hanging onto a T-bar with my arms draped over the T when someone bigger than I had gotten off. After two bottom thumper starts I thought for sure I would have to get up the hill via my childhood nightmare. By the third time, the hill personell and I mastered the art of getting a 42 pound backpacked person with mountaineering bindings onto a T-bar. With great concentration and coordination the top was reached. We only had to wait for

Bonnie Jo, since due to our many falls, the T-bar had stopped and so did she. Bonnie Jo received the two-time T-bar rider award. We knew she just wanted some last minute downhill skiing on groomed slopes. While waiting, Armin assembled his famous backpack sled, we adjusted our web bindings, took readings, and generally enjoyed the high altitude sun (1341 ft. above sea level). Little did I know this was the last compass orientation point at which we could take bearings.

By 1:15 p.m. we were off to our first goal, Union Springs, a southerly route which turned westerly. The terrain initially was downhill, so I personally had a double challenge due to a five week old broken wrist from a downhill disaster on an earlier Circle M course. The snow was pliable so control was good, and all confidence was rebuilt along with an intense awareness of balance and weight distribution.

The map was labeled at various stoppings to mark our advances. Colored path diamonds were observed along with trail signs at forks, although, some of the leaders had cleverly placed themselves in front of one as we neophyte patchers tried to locate ourselves on the map. Humor is a valuable asset that is used frequently. At all stops gorp was had by all. The "pros" loomed out ahead of us since they knew the way and we were with the instructors. By this time Armin had gotten a good hold on his toboggan, although at points we were wondering if it was taking him for a slide.

The bubbling spring of Union Springs was finally observed from a platform as we all disgarded our backpacks and took a breather. Dave Zoromski gave us detailed instructions regarding the SKADI system. As students, we alternated using the SKADI with the transmitter being placed by the previous student with the only precaution that they didn't transmit while submerged. As we left, 90 degree trails were to be seen.

After all SKADI knowledge was absorbed and bodies and minds replenished we continued toward our next goal of Trapp Falls. Did I hear someone tell us this was a train and we were the boxcars? I felt that way as we chugged our way up hill with a few downhill reprieves. No matter how aesthetic cross country skiing is, the "downhill thrill" along with deep snow runs true in my blood. I'll go for a hill any day, although such an attitude did result in a turtle's view of the world when the knees did not flex and an unadjusted pack gave way to a spill.

Other inconveniences came from the warm wet afternoon snow, which did funny things to the holding power of webbed bindings. Two of our troupe, who were actually field testing their webbed bindings, had their fair share of getting in and out of their skis as we upped and downed it. An insecure binding can really lead to insecure skiing and poor herringbone maneuvers. Bill Hunley and John Sitzner will still need more field work to patent their project. They will gratefully accept suggestions.

At 5:30 p.m. human-type habitats were sighted in the valley of the Carp River — four to be exact. The early leaders Tom Weinand, Matt Quinn, Dan Castle, Cary Janisch, Dowue Soetenga and Dick Kornitz were waiting to greet us with

encouragement to set up camp before the stars came out. With debate six of us. (3 tents), chose the "Highland Condominium Development" area, while the other previously settled group were in the Carp River "Housing project". The separation in the base camp was due to the theory of warmer highland aesthetic value vs. the cooler-wonderful gurgling water-way thought. It lent to some good hill climbing to maintain our communication, plus just to warm up, if the chill hit us.



Candidates Mary Ellen Schmidley and Paul Woldt demonstrate rope descent to the Carp River.

Tents were set up and our first hot outside meal was consumed, with the chief emphasis being on fats and protein. The final daylight preparations were made, including getting the packs ready for any emergency plus fluffing up the sleeping bags for later exhaustion. We sat around an enjoyable fire with full bellies and shared jokes of snow snakes and snow monsters.

For some unknown reason, my former lifeguarding instincts led me to believe that something was askew, so I started to count heads. After a few counts were done by us "patchholders-to-be", followed by a search of the tents we realized that one of our party had wandered off into the night. This was noted around 8:15 p.m. This could mean trouble since he had previously mentioned that he was still wet from the previous overexertion to get to camp. It was 22 degrees and falling. If he, John, was lost and/or hurt we had to find and help him before cold and exhaustion's favorite relative, hypothermia, was to claim him.

8:30 p.m.: We had a leader and two organized search and rescue parties set up to go out to find a possible victim. Fellow patrollers volunteered their aid to assist. Two groups of six each was settled upon because of the need to split up due to the ravineous terrain. Paul and Bob took one group with the rescue toboggan and skis while Bonnie Jo and I took the other group with first aid equipment, stove, and sleeping bag. With flashlights in hand we crossed the ravine and/or river coming upon our victim from two angles.

8:45 p.m.: Paul and Bob's group located our victim first amongst brush and huddled against a tree. He was observed to be partially responsive with a raising heart rate of 110 to 115 BPM and a lower left limb injury. First aid was administered while a flare was lit to add sufficient light to set up the toboggan building efforts. Our chief concern was to keep him warm.

9:00 p.m.: The search and rescue group soon had the victim stabilized, warmed, and on the toboggan to head back to base camp. Barring a few collapses of the commercial toboggan, all made it safe through the rough terrain and over the river with the help of many pulling and

straining backs to be greeted by warm drinks and cheers of success at the base camp. A critique followed, reinforcing the need for total body coverage of the victim and the need to keep communication lines open so that nothing is assumed. A sigh of relief was heard not only from the victim but from the candidates as the exercise ended. Our first day out had enough action to send us early to those fluffed-up sleeping bags. A very quiet and dark camp by 10 p.m.

March 14, 6:30 p.m.: I opened my eyes and groggily uttered, "We made it through the night without freezing!!!" To some that may sound dreadful but one of my greatest fears when I became a patroller was that of getting cold before I could even be of assistance to someone in need. Little did I know that the acquired knowledge of the many "stay-warm" devices that mountaineering teaches would lead me to actually sleeping in a tent, out on the snow. Promptly after this early acknowledgement I fell back to deep slumber in the fresh air only to be abruptly awakened by the cheerful song of, not a chick-a-dee, but the 7 a.m. "Good Morning America Crew" consisting of Weinand, Zitzner and Kornitz from the NSPS outdoor broadcasting system, with 9,000 megahertz. The melodies were a little less than desirable but the objectives were the same.

The day was a sunny, clear, 27 degrees with a possible 15 - 19 mph wind that was whistling overhead in the majestic evergreens. Water was set to boil and a warm, carbohydrate, breakfast was enjoyed by all. An agenda for the day was set up including — rope handling, emergency shelter set-up, and exploring the environment.



Bob Richardson relaxes on Tyrolean traverse.

As mentioned earlier, we were by the Carp River so a Tyrolean traverse system was set up over it with all taking turns "flying through the air with the greatest of ease". Flying styles varied from a spread eagle to swimming to flapping to hanging upside down to just plain holding on for dear life. If perchance the rope may have slackened up, a dip into the icy stream would have demonstrated a quick application of "Preparation NSPS" which is known to shrink and freeze-dry all hemorrhoids, if the web seats hadn't previously cured them. The Tyrolean traverse was demonstrated to show how to move people and equipment over a river, or crevasse, in case of an emergency. This was, by far, the best Saturday morning cartoon I'd seen in a long time!!!! Dave Z. demonstrated his fishing technique and came up with two catches on his pole — "canteen bass" on one end and a "sucker" on the other. Yea for Mug-a-Lunch and gorp.



Bonnie Jo Grieve's emergency shelter: "Plenty of room for two if we cuddle!"



"No honey in here!" says Don (Pooh Bear) Zoromski, from his very unique emergency shelter.

By late morning, the agenda called for emergency shelter construction. Two forms evolved: 1.) The deluxe model consisted of two ponchos, and four skis utilizing a fork in a fallen tree with snow cementing the air draft. Wall to wall ensolite completed the structure. This model could accommodate three comfortably with room for expansion. 2.) The single studio unit used the draped boughs of an evergreen nestled near a fallen tree, with snow again cementing the air drafts. This all-nature suite would accommodate one with room for a tight fitting squeeze of a second. Later in the day, there was a showing from 3 p.m. to 3:30 p.m. of the NSPS Realty, Esq., "Parade of Homes — Emergency Shelter Style", with the melted look being in since it had warmed up to 42 degrees. Praise and admiration was had by all but there were, sad to say, no prospective buyers. While digging into the snow near the fallen tree I wondered if silent eyes might have been watching since there was only 1½ - 2 feet of snow and it was getting closer to spring. I'm sure we must have disturbed some of the fur coated locals' sleeping habits. After the show was over, all was replaced back to nature's original form.

In the afternoon, Dave led the four candidates to Trapp Falls to observe some very crystal clear winter water falls. We met up with some of our more adventurous and less duty-laden comrades who had just come short of conquering Government Peak. Experiences were exchanged by all with a joint effort of getting back to the base camp to practice rappelling and working with ropes with a backpack and other obstacles. During final rappelling and ballet antics, Cary showed some fast backward and forward rapells that were admired but not copied by all.

The day had warmed up so that the small black spots on the snow began to hop and jump. To our relief, Dave explained that they were only snow lice that lived for a day and were of no life threatening hazard to the homo

Snow snakes  
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*You are invited  
to join your fellow  
patrollers for a  
**GRAND TIME**  
in Grand Rapids, Michigan*

## **1981 Central Division Fall Meeting!!!**

**September 18, 19, & 20, 1981**

**Amway Grand Plaza Hotel —  
Grand Rapids, Michigan**

**Friday, September 18, will include:**

Division Board of Governors meeting (all day)  
Registration  
Evening hospitality room — open to all

**Saturday, September 19, will include:**

General meeting  
Advisors meetings & morning board meeting  
Equipment display  
Nordic display  
Movie Extravaganza! — (Continuous running films  
of popular sports).  
Spouses program — tour either the new Gerald R. Ford Museum or  
the famous Carl Forslund Furniture Factory.  
Region Second Annual Volleyball Tournament  
Evening banquet and awards program — entertainment by the highly  
acclaimed Williams Family

**Sunday, September 20:**

Traditional Patrol Directors breakfast  
Board of Governors wrap-up meeting  
Departure

*Grand Plaza Hotel area information: The Amway Grand Plaza Hotel and the adjacent Grand Center are conveniently located on the riverfront in Downtown Grand Rapids. An enclosed pedestrian skyway over Pearl Street connects the Hotel with a parking facility for over 700 cars.*

*Kent County International Airport is 12 miles away, easily accessible via nearby U.S. 131 and Interstate-94. Local and nearby attractions include: The Gerald R. Ford Presidential Museum, Grand Rapids' Art Museum, VandenBerg Center and Alexander Calder's Stabile, "La Grande Vitesse", Ah-nab-awen Park, Monroe Center Mall, Public Museum and Planetarium, Public Library, Heritage Hill Historic District, John Ball Park Zoo, Dutch Village, Holland, Windmill Island Municipal Park, Holland, Amway Center of Free Enterprise, Ada.*

## **A weekend experience not to be missed!**

The Western Michigan Region has planned an exciting weekend for the 1981 Central Division fall meeting, Sept. 18 -20. As it happens we will be among the first guests to be registered at the newly renovated Amway Grand Plaza Hotel. No expense has been spared to recreate the opulence and graciousness of yesteryear in this historic hotel. Every room has been luxuriously appointed in keeping with the renaissance feeling of an era gone by.

As an extra bonus this particular weekend will be unparalleled for "people watching." The dedication ceremony for the Gerald R. Ford Presidential Museum will be in progress and is being touted by those "in the know" as the "second most important political event of 1981." Most of the visiting dignitaries and entertainment personalities will be staying at the Grand Plaza. If you will forgive a little name-dropping, we will be rubbing elbows with President Reagan, former President Ford, Lucille Ball, and the list goes on and on.

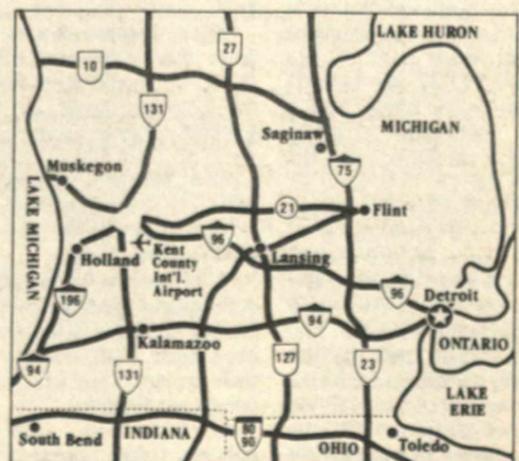
Even so, we patrollers will be enjoying our "first most important event for 1981" the Central Division fall meeting, which has been planned exclusively for us by a lot of hard working Western Michigan patrollers. (Ronnie, Jerry and Lucy — eat your heart out!)

Coordinating Chairman, Ted Meier, wished to note that six "official" meetings have been called to take place on Saturday. The regional advisors for the following advisorships have been requested to attend: Testing, mountaineering, nordic, first aid, information/PR, and junior. If you as a region advisor, wish to have a meeting, contact your division advisor. If it is determined that a meeting is warranted, it must be pre-arranged through Ted Meier, 1625 Coit N.E., Grand Rapids, MI 49505. Phone: 616-363-4976 (evenings).

By the time you receive this issue of RPN a special mailing containing details and reservation information will have been sent to all division and region staff, line officers and advisors. If you are not on this mailing list and wish to attend the fall meeting, please feel free to contact any region or section officer or advisor and they can secure a reservation form for you. It was necessary to handle the reservation process this way because prices still needed to be confirmed at publication time. The cost of the weekend is projected to be approximately \$90.00 including meals and two nights lodging. Transportation from the airport to the hotel can be arranged by advance notice at the time you make your reservations.

It's going to be just GRAND, won't you join us!

### **Amway Grand Plaza Hotel**



Pearl at Monroe  
Grand Rapids, Michigan 49503  
Phone (616) 774-2000

## NATIONAL SKI PATROL® SYSTEM

# CENTRAL DIVISION 1981-1982 BUDGET

INCOME	1980-81 Budget	1980-81 Actual	1981-82 Budget	EXPENSES continued	1980-81 Budget	1980-81 Budget	1981-82 Budget
<b>REGISTRATIONS</b>				<b>FORMS, SUPPLIES, ETC.</b>			
1111 Memberships	50,000.00	52,488.00	50,000.00	1440 General office supplies	500.00	52.73	200.00
Total registrations	50,000.00	52,488.00	50,000.00	1450 Newsletter	7,000.00	6,577.97	7,500.00
<b>DONATIONS</b>				1460 Test publications			350.00
1121 NSPS organizations	1,000.00			1461 Training publications	570.00	528.96	200.00
1125 Corporations	1,000.00	400.00		Total forms, supplies, etc.	8,070.00	7,159.66	8,250.00
Total donations	2,000.00	400.00		<b>MEETINGS</b>			
<b>SALES OF SUPPLIES</b>				1521 Fall Bd. of Governors	1,000.00	905.11	1,100.00
1141 Patrol supplies	100.00	24.00	50.00	1522 Spring Bd. of Governors	500.00	450.00	600.00
1142 Testing manuals	100.00	247.50	100.00	Total meetings	1,500.00	1,355.11	1,700.00
1145 Awards	100.00	176.00	100.00	<b>TRAVEL</b>			
1146 Codification manuals	100.00			1610 Region travel	1,800.00	1,605.91	1,500.00
1147 Mountaineering	100.00	193.00	200.00	1620 Misc. meetings	200.00	184.63	200.00
1148 Avalanche	100.00	106.00	100.00	Total travel	2,000.00	1,790.54	1,700.00
Total sales of supplies	600.00	746.50	550.00	<b>ADVISORS</b>			
<b>PROGRAM FEES</b>				1705 Testing	1,830.00	2,305.77	3,000.00
1163 Avalanche	100.00	105.00	100.00	1710 Training	1,100.00	930.14	1,300.00
1164 Mountaineering	300.00		100.00	1715 Awards	700.00	742.50	800.00
Total program fees	400.00	105.00	200.00	1725 Telecommunications	300.00		200.00
<b>OTHER INCOME</b>				1730 Avalanche	1,300.00	1,299.06	1,300.00
1181 Special programs		109.00		1735 Special meetings:			
1182 Interest	2,500.00	7,438.81	5,000.00	First Aid	550.00	535.72	550.00
1183 Equipment sales	100.00	25.75	100.00	Training	600.00	654.08	800.00
Total other income	2,600.00	7,573.56	5,100.00	Nordic	600.00		600.00
TOTAL INCOME	55,600.00	61,313.06	55,850.00	Avalanche	900.00	828.09	300.00
<b>EXPENSES</b>				Testing	600.00	716.47	800.00
<b>ADMINISTRATION</b>				Mountaineering			600.00
1310 Director	800.00	957.84	2,000.00	1740 Information	1,000.00	595.83	2,250.00
1315 Assistants	3,000.00	4,888.52	3,500.00	1745 Junior	2,000.00	1,973.98	1,500.00
1318 Registrations	600.00	465.12	600.00	1750 First Aid	500.00	551.93	500.00
1320 National Reps	2,000.00	1,598.42	2,000.00	1755 Region advisors	4,050.00	2,696.53	4,050.00
1321 National Jr. Seminar	1,400.00	2,637.57	5,000.00	1760 Mountaineering	1,300.00	1,153.58	1,300.00
1325 Region operating expense	10,950.00	7,800.00	9,600.00	1765 Certified			1,000.00
1326 Board travel	1,800.00	2,278.95	1,800.00	1770 Equipment	700.00	491.00	700.00
1346 Recording Secretary	1,000.00	894.41	1,000.00	1775 Medical	650.00	619.00	650.00
1350 Treasurer	800.00	650.17	800.00	1780 Insurance	400.00		300.00
1355 Legal	400.00		300.00	1785 Nordic	1,400.00	954.35	1,400.00
1360 Committees	2,000.00	1,958.47	1,500.00	1790 RPN Editor	400.00	244.22	400.00
1365 Flowers, etc.	100.00		100.00	1795 Board of Trustees	500.00	988.66	550.00
1370 Awards and trophies	250.00	300.00	300.00	Total advisors	21,380.00	18,280.91	24,850.00
1375 Insurance	500.00	483.00	400.00	<b>OTHER COSTS</b>			
1390 National Meeting			1,000.00	1980 Contingencies	800.00		3,000.00
1395 Miscellaneous	300.00		300.00	Total Contingencies	800.00		3,000.00
Total administration	25,900.00	24,912.47	30,200.00	TOTAL EXPENSES	59,650.00	53,498.69	69,700.00

### Region special announcements

#### SOUTHWEST REGION PICNIC

Sunday, September 13, 4 p.m., Lakeside Center Activity Building, Hawkeye Park, Ankeny, Iowa. Contact your patrol director for details.

#### WESTERN REGION FALL MEETING

September 25-26, Marriott Hotel, Bloomington, MN  
September 27, WR Emergency Care Seminar, Abbott-Northwestern Hospital, Minneapolis, MN (all day).

#### OHIO REGION REFRESHER DATES

Section 0-1, October 18, Wright State University, Dayton, OH  
Section 0-2, (Boston Mills refresher) September 26 at Boston Mills, October 4, remainder of 0-2 patrols  
Section 0-3, October 11, Friendly House, Mansfield, OH  
Section 0-4, TBA

#### NORTH CENTRAL SECTION 1 REFRESHER

October 10, 8 a.m., Gogebic College  
October 11, 9 a.m., Chair Evacuation, Gogebic College  
(Please confirm attendance with Don Raabe, section chief, before Sept. 15)

#### SOUTH CENTRAL REGION

September 2 Patrol directors meeting  
September 13 Chair evacuation clinic, 8:30 a.m., Olympia  
October 10-11 Rock climb  
October 13 Awards committee meeting, 7:30 p.m., Gobbler  
October 17 Senior candidates, first aid clinic, 8:30 a.m., WCTI  
October 21 Board of Governors meeting, 7:30 p.m., Gobbler  
November 1 Sweep deadline  
November 7 Senior first aid test, west side, 8:30 a.m.  
November 15 Senior first aid test, east side, 8:30 a.m.

## Equipment advisor's viewpoint

As an equipment advisor I am often asked; "What kind of ski would you recommend for a hard working patroller?" The ideal ski would respond fast, handle equally well under any kind of snow and weather conditions and take severe punishment encountered in the daily work of a patroller. To my knowledge that kind of ski does not exist — yet.

However, for years I have been recommending the top line racing skis for the patrollers. Several major manufacturers are working very closely with the top racers in the USA and Europe. As a result they have improved racing skis dramatically. If you pick the right racing ski in proper length, you can ski better, faster, and stronger thus building up more confidence in your own ability.

Disadvantages are that the racing skis are relatively expensive and must be kept well tuned. Proper length is very important. Some racing skis are so soft and responsive that you can drive them to the ground if

you are too heavy and have selected a ski too short for you.

Basically there are three racing skis on the market: (1) SL-slalom, (2) GS-giant slalom (or RS-riesen slalom on European brands), (3) DH-downhill. Some companies are also producing REC-recreational racing skis.

SL skis are designed for quick turns in the fall line. They have mostly narrow sidecuts and soft tips and shovels. They do well on short radius turns on ice and most SL skis do very well in moguls and powder.

GS skis are designed for stable turns in and across the fall line. Most GS skis have less pronounced sidecut and are slightly stiffer in the tips and shovels. They are designed for long radius turns and are very stable in high speeds. They hold well on ice but might rebound on moguls or sink in powder. Lately several companies have improved their GS skis, like Atomic, to handle equally well in a variety of conditions.

DH skis are stiff and designed for very high speeds. Hardly any patroller, unless he or she is a downhill racer, would benefit from a DH ski.

REC skis are somewhat downgraded versions of the racing skis and come with a variety of characteristics. This contrasts with general recreational skis which have no universal characteristics. It is not uncommon in some brands to find skis with a 10-25 percent difference in flex or torsion in the same pair.

It is difficult to single out a racing ski to be suitable to all patrollers. A patroller should try out demos before making a final decision. Some of the skis that have won wide acceptance among top racers are: Atomic, Dynamic, Dynastar, Elan, Hexel, K2, Kneissl, and Rossignol.

—Arvo Erickson  
Division equipment advisor

## Circle M 1981-82 South Central Ski Mountaineering Program (Basic Program)

The circle M ski mountaineering program is a two day program to acquaint patrollers with mountain and wilderness environment with emphasis on food, clothing, shelter, equipment and the mechanics of a search and rescue of a lost person. The first day is classroom and the second day is field work experience.

Date	Location	Time
Dec. 5, 1981 (Sat.) Classroom	Union South, U W, Madison	8:30 a.m.
Jan. 23, 1982 (Sat.) Field	Devils Lake, St. Park	8:30 a.m.
Jan. 9, 1982 (Sat.) Classroom	Pewaukee WCTI	8:30 a.m.
Feb. 20, 1982 (Sat.) Field	S. Kettle, Moriane	8:30 a.m.

**Registration deadline**  
November 21, 1981 and December 26, 1981  
**Course fee: \$10.00** (includes manual.)

Fee must accompany registration. Manual will be mailed to participants. Manual must be read prior to the classroom session.

### REGISTRATION

#### South Central Region

#### Circle M Basic Mountaineering Course

Dec. 5, 1981 Classroom  
Jan. 23, 1982 Field exercise  
Jan. 9, 1982 Classroom  
Feb. 20, 1982 Field exercise

Name \_\_\_\_\_  
Street \_\_\_\_\_  
City/State/ZIP \_\_\_\_\_  
Phone No. (H) \_\_\_\_\_ (B) \_\_\_\_\_  
Current NSPS No. \_\_\_\_\_  
Patrol \_\_\_\_\_  
Classification \_\_\_\_\_  
Nat. \_\_\_\_\_ Jr. \_\_\_\_\_  
Sen. \_\_\_\_\_ Aux. \_\_\_\_\_  
Bas. \_\_\_\_\_

Payment of \$10.00 must accompany registration.

#### REGISTRATION DEADLINE:

1st class — Madison — Nov. 21, 1981  
2nd class — Pewaukee — Dec. 26, 1981

TO: Armin F. Krohn, DVM  
1501 Stemp Terrace  
Madison, Wisconsin 53711  
Phone: 608-271-3454

## Ohio Region meeting, banquet

From page 2

patroller since 1973.

George Wright, patrol director SugarCreek, made a presentation of a new award which will be given each year to the Outstanding National Patroller who has made significant contribution to the Ohio Region. The award will be called the John Cole Award and was presented to John Birchfield as the first recipient.

The REGIONAL DIRECTOR'S AWARD was presented to Dave McCollum, section chief 0-2 for his efforts in forming the new Ohio Nordics Patrol in Cleveland.

Jeff Turner, SugarCreek Ski Patrol, was named the OUTSTANDING JUNIOR PATROLLER in the Ohio Region for his first place finish in the Ohio Junior Jamboree competition, his support of the SugarCreek Junior Patrol Program, and his participation in the National Junior Seminar.

Barb Dieterich, Boston Mills, was presented the OUTSTANDING SKI PATROL in the Ohio Region for 1980-81. John Cole, section chief 0-1, presented the award plaque to George Wright, patrol director. SugarCreek won the award for the third time in the past four years, principally for their work in forming a new patrol, The Perfect North Slopes.

SugarCreek Patrol provided 100 percent of the first aid training, and 80 percent of the ski and toboggan testers. They put in 1,000 man hours of testing and training of the new patrol, during the busiest time of the ski season. SugarCreek has a commendable junior program as evidenced by its excellent showing at the region junior competitions. The patrol is in its second year of expanding their computerized analysis program of accidents that gives statistical insights into accidents. They have provided safety education programs for the Dayton Ski Fair, local ski clubs and high schools.

WDTN-TV, Dayton, televised the banquet proceedings and announced the major award winners on the 11 p.m. newscast that evening, which put just the right touch to the end of a most memorable day in the Ohio Region.



The "Broadway Exit" show choir from Trotwood Madison High School, Dayton, entertained during the Ohio Region banquet.

## South Central Region 1981-82 Advanced Ski Mountaineering (Patch Course)

Dec. 12, 1981 (Sat.); 8:30 (classroom) at Madison, Wisconsin

#### Prerequisites:

Circle M and Circle A  
Basic Patroller status

One night (minimum) winter campout after completion of Circle M

The course this year will consist of the following: (1) An independent study of the text, NSPS Ski Mountaineering Manual and additional material, i.e. Freedom of the Hills (Mountaineering), etc., prior to the classroom. (2) A one-day indoor group review of the text, related experiences and material. Each course participant will be assigned a topic or two to be presented Dec. 12, 1981. (3) A one-day fully equipped outdoor shakedown tour, which will be coordinated with Circle M field work so that Patch participants can act as leaders. Jan. 23, 1982, Devils Lake State Park, 8:30 a.m.. Feb. 20, 1982, S. Kettle Moraine, 8:30 a.m. (4) A weekend field session in Porcupine State Park in the upper peninsula of Michigan, March 12-14, 1982.

No one will receive credit for the course who does not complete all phases. No one will be allowed to participate in the field session who has not completed phases 1, 2 and 3.

Take the Patch Course and join us in a great wilderness experience.

Circle A requirements can be met January 16, 1982.

Course Fee — \$10.00 includes Ski Mountaineering Manual.

This course teaches winter survival, travel, search and rescue techniques. Any patroller in good physical condition can complete the course.

Application deadline is Dec. 1, 1981. Manuals will be mailed upon receipt of the course registration fee.

—Armin F. Krohn  
South Central  
Ski Mountaineering Advisor

## NSPS Central Division

### (South Central Region)

## Advanced Ski Mountaineering Patch Course

### APPLICATION

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/ZIP \_\_\_\_\_  
Phone No. (H) \_\_\_\_\_ (B) \_\_\_\_\_  
Current NSPS No. \_\_\_\_\_  
Patrol \_\_\_\_\_  
Region \_\_\_\_\_  
Circle A Card Number \_\_\_\_\_ Year \_\_\_\_\_  
Circle M Card Number \_\_\_\_\_ Year \_\_\_\_\_  
Division Circle M Instructor No. \_\_\_\_\_ Year \_\_\_\_\_

Evidence of winter mountaineering experience other than Circle M course: \_\_\_\_\_

Other general outdoor and mountaineering experience, including schools, etc.: \_\_\_\_\_

NOTE: Do not recommend any person who in your opinion is not mentally, physically and emotionally capable of participating in a RUGGED winter expedition. Candidates should also display strong leadership qualities.

PATROL LEADER'S RECOMMENDATION: I hereby approve and recommend the above patroller as a candidate for the Advanced Ski Mountaineering Patch Course.

Signed: \_\_\_\_\_

DIVISIONAL SKI MOUNTAINEERING INSTRUCTOR RECOMMENDATION: I hereby approve and recommend the above patroller as a candidate for the Advanced Ski Mountaineering Patch Course.

Signed: \_\_\_\_\_

NSPS Reg. No. \_\_\_\_\_  
Div. Ski Mtg. Inst. Card No. \_\_\_\_\_

REGIONAL SKI MOUNTAINEERING ADVISOR RECOMMENDATION: I hereby approve and recommend the above patroller as a candidate for the Advanced Ski Mountaineering Patch Course.

Signed: \_\_\_\_\_

Mail application and course fee (\$10.00 to:  
Armin F. Krohn, 1501 Stemp Terrace, Madison, WI 53711

Read: NSPS Ski Mountaineering Manual & related material prior to class.

## Snow Snakes

From page 3

sapiens species. Wheeww!!! The snow monster, mascot of all, with snowshoed feet and shiny red fleece was sent to devour the little rascals, along with his snow snake buddies. These were the only three wild creatures we observed with the exception of a red squirrel, a chick-a-dee's song, and lots of fresh deer tracks along with a few imagined bears while one was out "surveying" trees.

The gourmets now came out during the final evening meal at 5:00 p.m. A round robin in the Highland Condominium Development was observed showing quite a different combination of cuisine ranging from cheese fondue to chicken ala rice. The outdoor cooking flare really showed its colors, or should I say its aromas in the final meal. Also it would be less to carry out in the morning.

The moon was out in almost full array to light up our evening pow-pow in the Carp River Housing Project, where fire side chats were enjoyed by all. The group portrayed quite a menagerie of skills along with a fine sense of humor. When I first joined NSPS, I was told of how the backgrounds of our members varied. Here was a prime example of a fine group of individuals who enjoyed the same objective of safe mountaineering skiing. We all came together to share and learn from each other and most of all from God's beautiful woman, Mother Nature, so that we can teach and help others in time of need.

March 15, 6:30 a.m.: Wake-up was met with hopes of getting back to civilization and warm human disposal catches. It was another beautiful, sunny, clear 34 degree morning. By 11 a.m. it had clouded over with a brisk wind. After picking up any aluminum from food wrappers and setting nature back to its original form we hoisted our lightened packs on our backs to make a quick and thrilling trek back home. Two thirds of the way back was downhill so as alpine patrollers we were in seventh heaven. We all got back safe, albeit gritty.

While driving back in a caravan of two station wagons and one van we came up with following advantages of winter camping versus summer camping: 1.) Absence of mosquitoes, bees, etc. 2.) Fresh frozen foods could be had. 3.) The snow offered padding for back pain. 4.) Tang snow cones. 5.) No chance for prickly heat. 6.) Instant ice water and being able to serve wine at "room" temperature. 7.) Freeze drying of clothes and not having to worry about finding a place to hang one's swimming suit. 8.) Lack of large beasts. (Bears were still taking their winter snooze.)

The experiences were enjoyed by all and a great many of us vowed to return next year. Won't you join us?

**Patch candidates:** Bob Richardson, Tyrol; Mary Ellen Schmidley, Little Switzerland; Paul Woldt, Sunburst; Bonnie Jo Grieve, Sunburst.

**Instructors and observers:** Cary Janisch, Alpine Valley; Tom Weinand, Sunburst; Bill Hunley, Alpine Valley; Armin Krohn, Tyrol; Dave Zoromski, Devilshead; Dick Kornitz, UIR; Dan Castle, Porcupine Mts.; John Zitzner, Alpine Valley; Pat Hackworthy, Blackhawk; Douwe Soetenga, Alpine Valley; and Matt Quinn, Alpine Valley.

## Charitable life insurance investments — a way to help

The members of the Board of Trustees are consistently looking for ways to increase our funds so that we will be able to grow and pass on living benefits to the patrollers and the system itself. There are many ways to accomplish this through gifts of cash, real estate, trusts, wills and life insurance. Through the RPN we have given an example of wills and trusts and now will look at the life insurance gift.

**What is the problem?** What can the community minded, private enterprise American business and professional person do to reduce the need to fall back on governmental solutions for the support of our social, educational, and cultural institutions.

**Solution** — The creation of a charitable life insurance investment which will help finance the charitable organization of your choice.

Conceptually, each citizen should create a personal charitable bequest from their estate as an investment back into the community and country which created the environment that enabled that business person to be successful in the first place. The basic purpose is to leave behind a better community than the one he or she started out in for their children, grand-children, and for all the citizens that will follow.

A charitable bequest can be created by gifting assets through a Will from an individual's estate or by purchasing a special charitable life insurance policy

owned and payable to the charitable organization of your choice.

### EXAMPLE

Mr. Ski Patroller is age 40 and wants to do something extra for the system. He is like most patrollers and has a heavy time commitment but feels financially he would like to contribute something else. He set his gift at about \$250.00-\$300.00 annually, but thinks that this will not help, so he does nothing. Why not try this. Let's take him to his local insurance agent and tell him he wants to give the Central Division of the NSPS a life insurance gift of \$10,000.

How will it work and how much will it cost? The chart below will tell the story.

### SUMMARY

If the patroller lives to age 75 these are the results: (1) Patrol has cash value of \$7,380. (2) Patrol has received the free dividends of \$5,425. (3) Death Benefit of \$10,000 paid up.

If he had died, the patrol would have received the \$10,000 face amount plus the dividends paid in cash until the year of his death.

Assuming he was in a 30 percent tax bracket his total tax deductible premiums of \$6,950 only cost him \$4,865 out of pocket.

We think this is a very easy and simple way to accumulate cash for the patrol and to make it easy for you. If you do have an interest in such a program contact your local agent and he can help you work out the details.

—Board of Trustees  
Central Division, NSPS

### Charitable Life Insurance for Mr. & Mrs. Ski Patroller

Annual Tax Deductible Gift — \$278.  
Plan — Life Paid-Up at 65

Age: 40  
Amount: \$10,000

Year	Deductible Gross Prem.	Tax Free Dividend	Total Cash Value	Death Benefit
1	\$278	\$ 0	\$ 0	\$10,000
5	\$278	\$ 34	\$660	\$10,000
10	\$278	\$ 65	\$1790	\$10,000
15	\$278	\$125	\$3060	\$10,000
20	\$278	\$190	\$4500	\$10,000
25	\$278	\$254	\$6180	\$10,000
30	\$ 0	\$270	\$6800	\$10,000
35	\$ 0	\$283	\$7380	\$10,000

Dividends used in the above illustration are not guaranteed.

## Registration deadline September 15

For Colorado Ski Seminar

Come ski with us at Snowmass  
March 5 - 10, 1982

Five days of on-the-hill ski instruction specifically designed for NSPS patrollers by CPSI instructors. This trip will meet IRS deduction criteria.

Your service to the public is only as effective as your skills on the snow.

Registration time is limited! Interested patrollers send for registration information from: William F. Perkins, ARD-Southern Region, 21680 Shiawassee Drive, Cassopolis, Mich. 49031.

I'm going to the National Junior Jamboree. I hope that I'll see you there.



National Junior Jamboree

February 28-March 4

Boyne Mountain in Michigan

Skiing (Boyne Challenge)

Toboggan Handling

Torchlight Parade

Swimming Party

Banquet

Cookout

Celebrities

Ski Pros

First Aid

and Fun

I want to go! Send me information today.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/ZIP \_\_\_\_\_  
Telephone \_\_\_\_\_  
Patrol/Region \_\_\_\_\_

Mail this form to:  
Joan Kinkopf  
14999 Madison  
Lakewood, Ohio 44107

## "Certified" now in Central Division

At the spring board meeting April 25, the Central Division established a pilot Certified program to determine the interest and potential of same. The Eastern Division has had the Certified program for nearly fifteen years. In recent years, all NSPS division's except Central have either established or are establishing a Certified program.

"The Certified program was originally established to bridge a widening gap between paid and volunteer NSPS patrollers", according to Bill Bozack, recently re-elected national professional and certified director. "Most full time paid patrollers gain more experience in all phases of patrolling in one season than the average volunteer patroller gains in five seasons."

The program has evolved substantially from its early years when only full time paid patrollers could strive for the Certified classification. Now, volunteers and paid alike can attain Certified, if their skills are good enough. Herein lies the real challenge.

To attain the Certified classification, one must pass the Certified test. The Certified test is a compact three day test. The test is designed to challenge every facet of patrolling exposure. In addition to the extensive skiing, toboggan handling and first aid testing, the patroller will also be tested on hill safety; lift safety; lift evacuation, both self and public; crowd control; knots; public relations; patrol management; search and rescue; area management relations; equip-

ment; communications; area personnel relations, ski school, lift operators, snow makers and groomers; section region, and division leadership; and much more.

As you can see the test is quite lengthy and involved. Only a small percentage pass and even a smaller percentage pass on the first try. The test is tough and once you do pass it is not yours forever. Unlike "Senior", you can lose your certification by not staying current. With all this in mind, one can see why a Certified patroller from one part of the country, say Michigan, can sign on "Carte Blanche" at nearly any ski area in the U.S., as long as the area is NSPS or PSPA (Professional Ski Patrol "Certified")  
To page 8

## Patroller Assistance Fund

The Central Division Board of Trustees approved at its May 13, 1981 meeting the creation of a Patroller Assistance Fund. This fund is intended to support patrollers in legal and/or medical matters resulting from actions while performing patrol duties or functions. The monies to be used for this purpose is available to the board of trustees from the cash value of an insurance policy assigned by a patroller to the National Ski Patrol System. Full details of this program will be made available in the near future, upon completion of its formulation.

—Hans Weinmann

Editor's note: For information on how you too can establish a life insurance policy to benefit the NSPS at very little cost to you, refer to the article on this subject elsewhere in this publication.

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Saginaw, MI 48603

Design and Production  
Excelsior Typesetting  
25450 Nelsine Drive  
Excelsior, MN 55331

## Birchfield retires as RD

Because of the press of business and other factors, I have submitted my resignation as director of Ohio Region. I want to thank all who helped me make Ohio a region all our patrollers can be proud of. The list of those who helped me is far too long to record here. My registration is effective May 31 and C. Richard (Dick) Ike will become regional director as of June 1.

I hope every patroller in the region will work to make himself a better patroller, his patrol better, and the Ohio Region the best in the Central Division. That attitude will make Dick's job as easy as it can be.

I have enjoyed my service to the region. It began as first aid advisor 74-76. Since then I served as ski mountaineering advisor in 76-77, ARD in 77-79 and as RD from 79-81. I feel a little burned out now, but I will probably be back for more in a year or so.

In the meantime, I have accepted the job of program coordinator for the National Junior Training seminar at Boyne Mountain. In addition I will patrol primarily with the Ohio Nordics, secondarily with Alpine Valley and I will continue

to be active in first aid, mountaineering, avalanche, training and testing. So I expect to see a lot of you on the trails and slopes.

—John Birchfield  
Ohio Region RD (retired)

Editor's note: The Central Division, in gratitude to John for his excellent leadership, presented John with a Yellow Merit Star at the Ohio Region spring meeting.



John Birchfield, Ohio Region RD

### Breckenridge has toll-free number

There is now a toll-free 800 number for making reservations and getting room information in the Breckenridge, Colorado area. A free shuttle services Copper Mountain, Keystone and A-Basin. The toll-free number is for Summit Ridge Inc.: 1-800-525-3882.

### 1981-82 RPN publishing schedule

#### Fall:

Deadline October 12, 1981  
Awards — division/region (since spring 1981)  
Region calendars  
Administrative roster  
Region PD roster  
Notice of elections  
Fall meeting reports  
Junior Training Seminar plans  
Advisorships — rosters, calendars, test dates, etc.

#### Election Issue:

Deadline February 15, 1982  
Nominees for election per Weinmann  
Board of Governors spring meeting announcements

#### Spring:

Deadline April 1, 1982  
Senior Test results  
Junior Training Seminar results-national/division  
Season wrap-up news-general

## Board of Trustees meeting

At the May 13, 1981 meeting of the Central Division Board of Trustees the board re-elected its entire slate of officers. Continuing to serve will be Hans Weinmann, chairman; C. Beach Day, treasurer; Tom Tibbetts, secretary.

Besides the above named officers the other members of the board are Frank Bentz, Bill Haase, Robert Morley, Jack Stallings, Robert Young, Vic Weiler, Donald Williams, and Bill Ziegler. Ex-officio members are Robert Jackson, Keith Leak and Lee Wheeler.

During the same meeting the board authorized the creation of a Patrollers Assistance Fund (see separate article), reviewed divisional election procedures and results, evaluated the Outstanding awards nominees and made award selections, and tended to other associated matters.

At the conclusion of the meeting Robert Morley, division director, presented the Yellow Merit Star to three members of the board for their devoted service, leadership and longevity to the board. The recipients were Robert Young, National No. 2227; William Haase, National No. 2299; and Hans Weinmann, National No. 2552.

—Hans Weinmann  
Chairman  
Board of Trustees

**Indianhead**  
WAKEFIELD, MICHIGAN • 49968

## WANTED

### Full time patrollers for 1981-1982 season

Indianhead Mt. Ski Corp.  
906-229-5181

Send resume to:  
Becky Daniels, C/O Indianhead Mt. Ski Corp., Wakefield, MI 49968

### Editor pleads guilty to false identification

It was gently brought to the attention of this humble editor, that four of the fine photos which accompanied the "Avalanche Accident Exercise" article in the spring issue of RPN (Vol. 20, Issue 4) were due to the photographic expertise of Division Mountaineering Advisor, Earl Essig. The remaining two (please don't ask which ones) were courtesy of John Blumberg. Sometimes things get a little hectic but it is nice to know that someone is reading the fine print. Earl, I know where you can get a non-paying job proofreading!

—Connie Dinham  
Editor

### Mountaineering advisors to meet

Earl Essig, division ski mountaineering advisor, has called a meeting of all regional ski mountaineering advisors to be held during the fall division meeting in Grand Rapids.

The committee will discuss a number of items, most important being a review and critique of the Ski Mountaineering Manual which was used throughout the system for the first time last season. The committee will approve the final draft of a new study guide to accompany the manual, to be used this coming season in the Central Division. Also on the agenda is a review of the policies and procedures of the Ski Mountaineering Committee as published in the Central Division Operations Manual.

The following regional advisors will be attending the meeting and have requested input from the patrollers in their respective regions concerning the ski mountaineering program. These patrollers have been doing a great job for a very long time and are due a big "thank you" from every patroller in our division. Please communicate your ideas to them in time for the division meeting.

#### East Michigan

Ted Parker  
3123 Rock Valley Rd.  
Metamora, MI 48455  
(313)678-2119

#### North Central

Don Castle  
722 Paul Bunyan  
Ontonagon, MI 49953  
(906)884-4202

#### Northern Michigan

Jim Hibbard  
477 Gray Woods La.  
Pontiac, MI 48055  
(313)335-3949

#### Ohio

Al Benas, Dave McCollum  
27539 Linwood Cr.  
No. Olmsted, OH 44070  
(216)799-6192

#### Southern

Lew Krimen  
228 W. Witchwood La.  
Lake Bluff, IL 60157  
(313)234-9366

#### Southwestern

Greg Nauman  
674 Wilson  
Dubuque, IA 52001  
(319) 556-6149

#### South Central

Armin Krohn  
1501 Stemp Terr.  
Madison, WI 53711  
(608)271-3454

#### Western Michigan

Ray Drysdale  
815 N. Berrin  
Albion, MI 49506  
(517)629-3228

#### Western

Terry Johnson  
1908 20th Ave. N.W.  
New Brighton, MN 55112  
(612)633-0985

### Rusty Parka News 1981-82 Season Ad Rates

AD RATES:	1 Time	2 Times	3 Times
Full page	\$350	\$310	\$270
½ page	190	170	150
¼ page	110	90	70
Per column inch	10	9	8

Minimum 2 inches by 1 column inch  
Color available (rust \$100 extra)

#### AD DIMENSIONS:

Full page — 9¾" (5 columns) 15"  
½ page — 9¾" (5 columns) 7½"  
¼ page — 2 columns x 9½" or 3 columns x 6½"

Camera-ready art (prints, Iteks, Veloxes, or original artwork)  
Halftone screen should be 100 lines  
Subject to approval by the NSPS

### "Certified" from page 7

Association).

If you wish to join a patrol at an area, say in Wyoming, you as a Certified from Michigan would be welcomed without question. You would, though, have to learn about avalanche control to such an extent that within one year you could take and pass their "avalanche" portion of their Certified Test. This is because out West, and in Alaska the avalanche is a serious hazard and must be thoroughly understood. Here in the Central Division as in the Eastern and Southern Divisions, avalanches present little hazard.

The patrol person wearing the Certified rocker is a true "Professional", whether paid or volunteer. He or she has been

given recognition for skills that have no compromise for excellence. If you feel your ski patrol skills and knowledge are equal to the challenge and you want recognition for these superior skills, let someone know about your interest in the program. Contact your regional director or Tom Worley, (pilot) Certified Program Chairman, 5468 Lawnwood Drive, Brighton, Michigan 48116. The Central Division has some of the finest "professional" patrollers in the nation. Remember, this is a pilot program; if no interest, no program.

—Tom Worley  
Chairman  
Certified program

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